

The logo features the number '40' in a green, stylized font. The '4' is composed of puzzle pieces, and the '0' is a circle with puzzle pieces inside. To the right of the '40' is the text 'Developmental Assets' in a large, bold, dark blue font. Below this, the phrase 'Do you hold the missing piece?' is written in a smaller, orange font.

40 Developmental Assets

Do you hold the missing piece?

Connecting Youth: Activities and games can play an important role in youth experiencing caring neighbourhoods and developing positive adult relationships. Here is a quick and easy game to get everyone interacting.

The Developmental Assets framework names the values, qualities and experiences that young people need in their lives to become caring, competent and responsible people. Hundreds of communities across North America are using this research-based framework as the basis for their collective work to make their community a better place for young people and for themselves. The 40 Developmental Assets framework is not a program. It is a philosophy that lays the groundwork on how we can better interact with youth.

When young people have more of the Developmental Assets in their lives, they are more likely to succeed in school, show leadership, take care of their health and value diversity. They are less likely to be involved in violence, in using alcohol, tobaccos and other drugs and in early sexual activity.

There are two categories of Assets:

- External Assets – such as Support, Empowerment, Boundaries & Expectations and Constructive Use of Time. These are the relationships and opportunities that young people experience in their families, schools and communities.
- Internal Assets – such as Commitment to Learning, Positive Values, Social Competence and Positive Identity. These are the competencies and values that youth develop internally to guide their behaviours and choices.

For more information on the 40 Developmental Assets, check out the City of St. Albert Website at www.stalbert.ca/40-developmental-assets.

You can also contact Ben Husing, Asset Development Coordinator at 780- 470-0879 or bhusing@stalbert.ca for information or training.



Developmental Assets

Do you hold the missing piece?

Asset-Building Grand Pandemonium
Do everything listed here and get signatures to prove it!

	Have her or him sign here:
Find a person who lives within your block but whom you don't know.	
Find someone who knows how to play a musical instrument.	
Find someone who does volunteer work in the community. Have him or her tell you about it.	
Ask two other people to join you in singing "Row, Row, Row Your Boat" in rounds.	
Find someone who has read a book in the past year just because he or she wanted to. Ask what it was.	
Find someone who is an active part of a faith community.	
Do your very best impersonation of a chicken for someone.	
Find someone who has a friend who is older or younger by at least 20 years than he or she is.	
Find someone who had a significant person in his or her past who provided the love and support he or she needed to get through a difficult time.	

If you finish filling in all other spaces before time is called, go back and find someone who signed your sheet and find out more about that person!