

STREET SAFE

with the
Alberta Health Services

Available Activities:

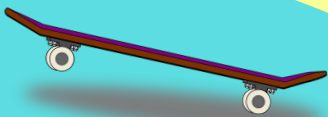
Car Seat Safety
Checks

Bike, Board and
Blade Rodeo

Building Balance
for Older Adults

FOR MORE INFORMATION:

Deanna Marler
Injury Prevention Program
deanna.marler@ahs.ca
780-913-7638



CAR SEAT SAFETY CHECKS

*with the
Alberta Health
Services*

**Car Seats keep our children safe,
but where do you start?**



**A Car Seat Technician is
available to:**

**Double check seat
installaltion**

**Answer safety
questions**

**Share tips for
safe travel**

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BIKE, BOARD AND BLADE RODEO

*with the
Alberta Health Services*

**Staying safe and having fun on
wheels!**



Rodeo Stations:

**Get your
Equipment
Checked**

**Learn the Rules
of the Road**

**Navigate the
Obstacle Course**

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BUILDING BALANCE FOR OLDER ADULTS

*with the
Alberta Health Services*

**Stay Strong and Steady with these
Movements for Everyday Life**



**A Health Promotion
Facilitator can provide:**

**Easy activities to
build balance and
strength**

**Strategies to
Prevent Falls**

**Tips for
Pedestrian
Safety**

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